

GOUT AFFECTS MORE THAN YOUR JOINTS

Gout is a common, painful type of arthritis that happens when too much uric acid builds up in your blood. This excess uric acid can form crystals that build up in your blood and deposit in your joints, organs, and eyes, causing pain, inflammation, and additional challenges.

Living with gout? It's important to know that gout is a progressive disease, which may impact your:



Eyes

Dry eye disease, glaucoma, and cataracts through elevated uric acid in the eyes



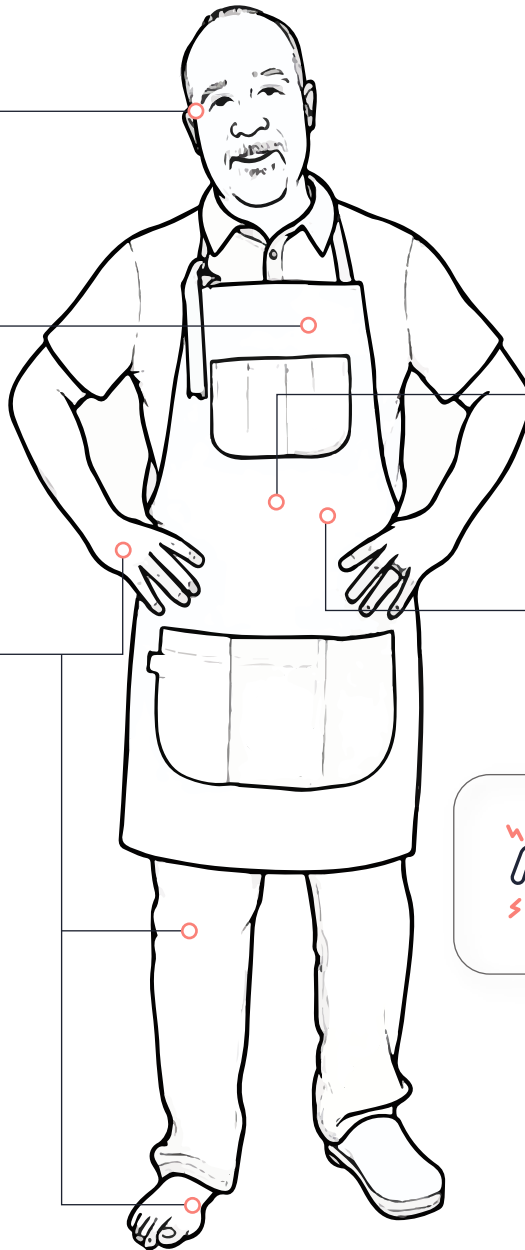
Heart

Heart disease including heart failure, atrial fibrillation (AFib), and coronary artery disease, and can be linked to high cholesterol due to uric acid buildup



Joints

Hands, feet, knees, ankles
Pain, stiffness, and tenderness in your joints caused by high uric acid levels and crystal deposits inside joints along with long-term joint damage



Pancreas

Type 2 diabetes due to high uric acid levels



Kidneys

Chances of chronic kidney disease increase in people living with gout due to high uric acid levels



Beyond the pain, gout can impact your life in a variety of ways, including leading to additional stress and anxiety.